



Scientific Programme

HIMACHAL PRADESH OPHTHALMOLOGICAL SOCIETY **3rd BIENNIAL CONFERENCE** *EYECON MANALI-2018*

6th - 7th October 2018, Manali, District Kullu, H.P.



VENUE

**Manuallaya Resort
(Ambassador Resort Pvt. Ltd.)**

IN COLLABORATION WITH

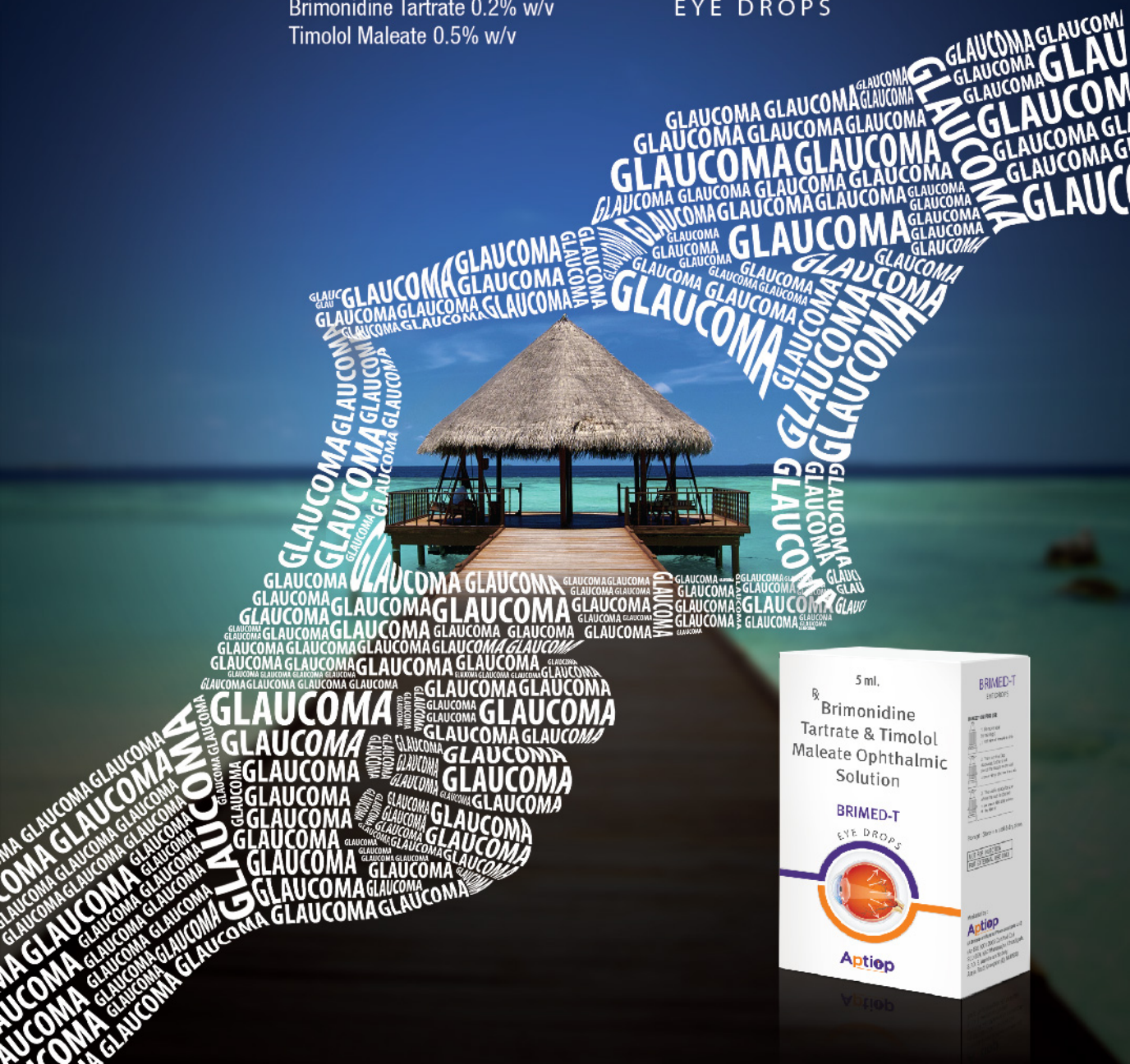
**Indira Gandhi Medical College, Shimla & Dr. R P Govt.
Medical College, Tanda, at Kangra (H.P)**

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MESSAGE FROM CHAIRMAN SCIENTIFIC COMMITTEE

Dear Friends,

It gives me immense pleasure in welcoming you all to the beautiful city of Manali in Distt Kullu, HP situated on the banks of Beas river. We have tried to put up a programme, taking into consideration the need of young and fellow ophthalmologists who are serving in the exterior of Himachal Pradesh, mid level practitioners and researchers. So you will find diversity in the topics. We sincerely hope that you will enjoy the extravaganza. Once again, we wish you a pleasant, enjoyable and purposeful stay at Manali.



Dr. G C Rajput

Chairman Scientific Committee

MESSAGE FROM PRESIDENT

Dear Members,

On behalf of Himachal Pradesh Ophthalmological Society, it gives me immense pleasure to welcome you all to the 3rd Biennial Conference (Eye Con Manali 2018) to be held at Manali (Dist Kullu (H.P)) on 6-7th October 2018. This is the first full conference being organised out of district Shimla in collaboration with premier institute of the state ie IGMC Shimla and Dr. R.P Govt. Medical Tanda. Although CMEs have already been organised at Sundernagar (Mandi).

The local organizing committee under the leadership of Dr. R.N. Sashni with Dr. Kamal Kapoor (organizing Secretary) have put in a lot of efforts to make this conference a success. The Biennial conference is the highlight of society activity and over the last six years the society has started showing continuous growth. The members of the society have shown interest in academic activity.

Because of widespread area and hilly terrain of Himachal Pradesh, it is difficult to organize the event at far off area, but hats off to members of Distt. Kullu for shouldering the responsibility of organizing the event. Society is thankful to Dr. Jagat Ram, Director PGI Chandigarh, Dr. Mangat R. Dogra, Prof & Head - Advanced Eye Centre, PGI Chandigarh, Dr. S. S. Pandav, Glaucoma Head - Advanced Eye Centre, PGI Chandigarh, without whose support the event would not have been possible.

Finally, as the president of HPOS, it is my honour to thank all the Guest Speakers, who have generously devoted their time and expertise to make the event success. I thank all delegates who have come from North India to attend this conference. For them very name Manali, has evoked visuals of snow, stately Deodhar trees, Apple Orchards and Tumbling Beas River, away from stress and noise of cities, a opportunity to interact with colleagues.

Wish you all most enjoyable and pleasant stay along with interactive conference at Manali.

Dr. G C Rajput
President HPOS

HPOS

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Dr. Aditi Prashar

Dr. Anil Verma

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Dr. Anubha

Dr. Anubhav Goyal

Dr. Arun Baweja

Dr. Asha Negi

Dr. Ashish Ahuja

Dr. Ashok Sharma

Dr. Ashok Singla

Dr. Avinash Gupta

Dr. Deepak Sharma

Dr. Faisal TT

Dr. GC Rajput

Dr. Gunjan Sahni

Dr. Gursatinder Singh

Dr. Jagat Ram

Dr. Jitender Jinagal

Dr. Kritika Katoch

Dr. M R Dogra

Dr. Mandeep Tomar

Dr. Mansi Sharma

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Dr. Pooja Lal

Dr. Praveen Panwar

Dr. R K Bansal

Dr. R S Grewal

Dr. Rajeev Gupta

Dr. Rajeev Mirchia

Dr. Rajeev Tuli

Dr. Rajendra Prasad

Dr. Ravi Nabh

Dr. Rohit Grover

Dr. Rohit Kumar Garg

Dr. Seema

Dr. Shaloo Negi

Dr. Sharad Parmar

Dr. Shruti

Dr. Smriti Sharma

Dr. Tarunpreet Kaur

Dr. Usha

Dr. Yash Agarwal

Dr. Saurav Deep

Dr. Ridham Nanda

Dr. Gaurav Sharma

FREE PAPER SESSION - 6TH OCT 2018

Free Paper

11.00-1.15 pm

Judges: Dr M.R. Dogra, Dr. S.S. Pandav, Dr. R.S. Grewal

Moderator : Dr . K.P. Chaudhary

S. No.	Topic	Presenting Author	Duration
1.	Ocular Biometric characteristics of patients undergoing cataract surgery in tribal district of Kinnaur	Dr. Anil Verma	6 min
2.	Comparison of change in astigmatism following surgical treatment with amniotic membrane graft and conjunctival autograft in primary pterygium- A randomized control trial	Dr. Saurav Deep	6 min
3.	Study of B-scan ultrasonography in evaluating posterior segment in patients with mature senile cataract in tertiary care hospital	Dr. Ridham Nanda	6 min
4.	To determine role of postoperative oral antibiotic use in preventing ocular infection after uncomplicated phaco	Dr. Anubha	6 min
5.	Comparison of macular and peripapillary OCT parameters in patients with glaucoma versus healthy subjects	Dr. Gunjan Sahni	6 min
6.	To assess safety, complications and visual outcomes of phaco with posterior chamber IOL in eyes of treated retinoblastoma children	Dr. Jitender Jinagal	6 min
7.	To compare the retinal thickness of diabetic patients having DR without clinical CSME with non diabetic individuals using OCT mapping software	Dr. Sharad Parmar	6 min
8.	Rare ocular side effects of metronidazole	Dr. Shruti	6 min
9.	Retinal nerve fibre layer thickness of natives of high altitude vs low altitude	Dr. Seema	6 min
10.	To Evaluate The Clinicalprofile Of Patients With Optic Disc Edema	Dr Shaloo Negi	6 min

S. No.	Topic	Presenting Author	Duration
11.	To Compare Central Macular Thickness In Non Diabetics And Diabetics With Or Without NPDR	Dr. Yash Agarwal	6 min
12.	To evaluate comparative efficacy of bepotastine besilate 1.5 percent versus olopatadine HCl 0.1 percent in allergic conjunctivitis	Dr. Smriti Sharma	6 min
13.	To study ophthalmic manifestations in a patient with psoriasis	Dr. Kritika Katoch	6 min
14.	To evaluate the types of fireworks related ocular injuries during diwali season and visual outcome in these patients	Dr. Mandeep Tomar	6 min
15.	Pattern of vitreoretinal diseases in patients attending retina clinic in DRPGMC Tanda	Dr Aditi Prashar	6 min
16.	To report the pattern of ophthalmic manifestation associated with Paedrus dermatitis	Dr. Pawan Prashar	6 min
17.	Role of visual evoked potential in POAG	Dr. Asha Negi	6 min

Discussion Time will be for 2 minutes

**First, Second and Third position holder
will be given prize in cash.**

High Tea:- 3:00 PM to 3:30 PM**CORNEA****3.30-4.50 pm (Session-1)****Panelist : Dr. Rohit Grover, Dr. R.L. Sharma, Dr. Ashish Ahuja****Moderator : Dr. Ashok Sharma**

S. No.	Topic	Speaker	Duration
1.	Key Note Address : Smile : Future Of Refractive Surgery Is Here	Dr. R.S. Grewal	12 min
2.	Combined ultra-thin DSAEK + Phaco	Dr. Ashok Sharma	6 min
3.	ICL indications and complications	Dr. Arun Baweja	6 min
4.	Component corneal surgery – Relevance in Indian scenario	Dr. Pawan Prashar	6 min
5.	Newer refractive procedures in corneal surgeries	Dr. Rohit Grover	6 min
6.	New paradigms in management of Dry eyes	Dr. Ashish Ahuja	6 min
7.	Dry eye management improving the result of cataract and refractive surgery	Dr. R.S. Grewal	6 min
8.	Endothelial decompensation : WHAT TO DO	Dr Ashok Singla	6 min
9.	Combined corneal surgeries	Dr Vijay Sharma	6 min

Discussion Time will be for 2 minutes

Cataract

5:05-6:30 pm (Session-2)

Panelist : Dr Rohit Garg, Dr Rajendra Prasad, Dr. M.L. Pandey

Moderator : Dr Sandeep Mahajan

S. No.	Topic	Speaker	Duration
1.	KEY NOTE ADDRESS : Refractive surprises following cataract surgery management options	Dr. Rajendra Prasad	15 min
2.	Paediatric cataract surgery	Dr. Jagat Ram	6 min
3.	Paediatric cataract management	Dr. Rohit Kumar Garg	6 min
4.	Phaco simplified	Dr. Praveen Panwar	6 min
5.	Management Of Corneal Astigmatism During Cataract Surgery –Advanced Options	Dr Rajeev Mirchia	6 min
6.	T soft- New surgical technique for soft cataract	Dr. Rajendra Prasad	6 min
7.	MAXIMISING the visual outcome in multifocal IOL	Dr R K Bansal	6 min
8.	Femto Laser Complications	Dr. Arun Baweja	6 min
9.	Innovations in IOL TECHNOLOGY	Dr J.P. Singh	6 min
10	Mini scleral lenses	Dr Amit Sahni	6 min
11	A great escape : A rare case of Ocular Metallosis	Dr. Pooja Lal	6 min

Discussion Time will be for 2 minutes

GALA DINNER 8:30PM ONWARDS

RETINA**9.00-11.00 pm (Session-3)****Panelist : Dr Rajeev Gupta, Dr. G.C. Rajput, Dr. Sudhir Salhotra****Moderator : Dr. M.R. Dogra**

S. No.	Topic	Speaker	Duration
1.	KEY NOTE ADDRESS : Overview of paediatric retinal diseases	Dr. M.R. Dogra	15 min
2.	Intra arterial chemotherapy for retinoblastoma	Dr. Usha	7 min
3.	Retinopathy of Prematurity and its treatment - Anti VEGF a revolution	Dr. Anubhav Goyal	7 min
4.	RD surgery step by step	Dr. Rajeev Gupta	7 min
5.	Do's and don'ts in management of DR	Dr. Tarunpreet Kaur	7 min
6.	Smartphone based Bed side screening in ROP	Dr. Anubhav Goyal	7 min
7.	Rop Screening : Why reluctant?	Dr. G.C. Rajput	7 min
8.	Diagnosis and management of central serous chorioretinopathy	Dr Anirudha Aggarwal	7 min
9.	Angio-OCT	Dr. Mansi Sharma	7 min
10.	Atypical Optic Neuritis	Dr Tarun Sood	7 min
11.	DME Management-where we are today	Dr Manjari Tondon	7 min
12.	OCT Simplified	Dr Gaurav Sharma	7 min

Discussion Time will be for 2 minutes**TEA BREAK-15 MIN**

GLAUCOMA**11:15 am-1:00 pm (Session-4)****Panelist : Dr Vinod Sharma, Dr. Rajeev Tuli, Dr. Gursatinder Singh****Moderator : Dr S.S Pandav**

S. No.	Topic	Speaker	Duration
1.	KEY NOTE ADDRESS : Improving outcomes of glaucoma surgery	Dr. S.S. Pandav	15 min
2.	Glaucoma management- The pitfalls	Dr. Rajeev Tuli	8 min
3.	Pearls in medical management of Glaucoma	Dr. Gursatinder Singh	8 min
4.	Importance of optic disc evaluation in glaucoma diagnosis	Dr. S.S Pandav	8 min
5	Indication of glaucoma surgery or cataract surgery in angle closure disease	Dr. Faisal TT	8 min
6	Convergence excess esotropia- Scott procedure an alternative to Faden operation	Dr. Pankaj Macchani	8 min
7	The Science And Art Of Writing And Publishing A Paper In A Scientific Journal	Dr Deepak Sharma	8 min
8	VOGT –koyanagi-harada disease	Dr Niraj Kapoor	8 min
9	Combination therapy in glaucoma management relevance to adherence ,compliance and quality of life	Dr. Rajiv Jain	8 min
10	Microincision glaucoma surgery	Dr Ankush Mahajan	8 min

Discussion Time will be for 2 minutes**LUNCH 1:00 pm to 2:00 pm**

A. CHALLENGING CASE**Panelist : Dr. R.L. Sharma, Dr. R.K.Gupta, Dr. Vinod Kashyap****Moderator : Dr. Ashok Sharma**

S. No.	Topic	Speaker	Duration (Presentation + Discussion)
1.	Phacomorphic glaucoma after therapeutic penetrating keratoplasty- management challenges	Dr. Pawan Prashar	6 min
2.	Management of a case of Refractory Macular edema	Dr. Rajeev Gupta	6 min
3.	Interesting Retinal cases	Dr. Mohit Dogra	6 min
4.	Challenging highly vascular tumor in an adult	Dr. Aditi Mehta	6 min
5.	Eyelid mass- Benign or Malignant- Challenging case	Dr. Aditi Mehta	6 min
6.	ADVANCED vitrectomy challenging cases	Dr. Avinash Gupta	6 min

B. VAST**Panelist : Dr. R.L. Sharma, Dr. R.K. Gupta, Dr. Vinod Kashyap****Moderator : Dr Ashok Sharma**

S. No.	Topic	Speaker	Duration (Presentation + Discussion)
1.	Inter scleral patch augmented CTA application for moderate (3.5mm) corneal perforation	Dr. Ashok Sharma	6 min
2.	Deep Anterior Lamellar Keratoplasty with Manual small Incision cataract surgery – A modification of Triple Procedure	Dr. Pawan Prashar	6 min
3.	Proportional reflux hydrodissection in proliferative DR	Dr. Mansi Sharma	6 min

Discussion Time will be for 2 minutes

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Raymed Pharmaceuticals Limited

Corporate Office: SCO-859, Manimajra, Chandigarh
E-mail: info@raymedindia.com,
Website: www.raymedindia.com